

**HELENA'S THOMAS FRANCIS MEAGHER'S  
ANCIENT ORDER OF  
HIBERNIANS  
7<sup>TH</sup> ANNUAL ST. PATRICK'S DAY**

**IRISH SODA BREAD CONTEST**

Sponsored by AOH Thomas F. Meagher Division and  
Bert & Ernie's Dining Saloon & Grill

**SATURDAY, MARCH 14<sup>th</sup>, 2015**

The contest is being held at Bert & Ernie's Dining Saloon & Grill in Helena. Judging STARTS  
at 2 PM. Winners announced at 3 PM.

Entries must be delivered to and checked in with the AOH at the Saloon between  
*12:30 PM and 1:30 PM on Saturday.*

**All entries must be delivered in an unmarked paper bag.**

**THERE IS NO ENTRY FEE AND ONLY ONE  
ENTRY IS PERMITTED IN EACH CATEGORY.**

**CONTEST CATEGORIES & BASIC RULES**

**1. TRADITIONAL WHITE IRISH SODA BREAD:**

Buttermilk (or soured milk), Bread Soda, Flour and Salt  
are the normal ingredients used.

Baking Powder, Sugar, Eggs, etc., may NOT be used.

**2. TRADITIONAL BROWN IRISH SODA BREAD:**

Buttermilk (or soured milk), Bread Soda Whole Wheat Flour  
and Salt are the normal ingredients used.

Baking Powder, Sugar, Eggs, etc., may NOT be used.

**3. GLORIFIED IRISH SODA BREAD:**

The Entry must be basic Soda Bread, but additional ingredients  
may be used without exception. However, CAKES are not  
acceptable because they are not Soda Breads

**SEE BACKSIDE FOR MORE INFORMATION  
AND ENTRY FORM**

# WHAT IS TRADITIONAL IRISH SODA BREAD?

If you search the internet using the term “Traditional Soda Bread”, an amazing number of recipes will appear. 98% of them provide incorrect information; some suggest you can use honey, sugar, eggs, raisins, or even caraway seeds in Traditional Irish Soda Bread. There is nothing wrong in using those ingredients in Soda Bread, but they’re NOT Traditional Irish Soda Bread!

Would “French Bread” still be the same if whiskey, raisins, or other such ingredients were added to the mix? Of Course not! The same is true of Irish Soda Bread.

**FOR MORE INFORMATION ON PRIZES, SPECIFIC RULES, INGREDIENTS, RECIPES, AND ENTRY FORMS, ETC. CALL 933-5759 OR VISIT [www.hibernian.org](http://www.hibernian.org), click on links, and then click on “Annual Irish Soda Bread contest”.**

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## **A O H I R I S H S O D A B R E A D**

### **ENTRY FORM**

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY STATE ZIP \_\_\_\_\_  
TELEPHONE CONTACT INFORMATION: Day \_\_\_\_\_  
Eve \_\_\_\_\_  
EMAIL ADDRESS \_\_\_\_\_

I certify that I am not a professional baker, that my entry(s) were cooked by me alone without professional assistance, and that I have adhered to the ingredient restrictions specified in the rules.

**CATEGORIES ENTERED**  
(mark the category of your entry(s))

**TRADITIONAL WHITE** \_\_\_\_\_ **BROWN** \_\_\_\_\_ **GLORIFIED** \_\_\_\_\_

**ENTRY NUMBERS (Leave these blank)**

**TW** \_\_\_\_\_ **TB** \_\_\_\_\_ **GL** \_\_\_\_\_

(Checked in by) \_\_\_\_\_